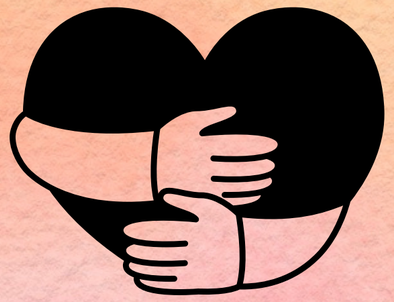
HEALTHY RELATIONSHIPS ACTION WEEK



This calendar is curated by the Office of Health & Wellness Education (HWE)

Contact our office for any questions: healthandwellnessed@middlebury.edu

Events co-sponsored by: Anderson Freeman Resource Center, Feminist Resource Center, Title IX and Civil Rights and Residential Life

MONDAY 2/13

What's Your Green Dot?

All Day
Anywhere

Proactive Green Dots are a great way to remind our community about our expectation for healthy relationships. All day long share you proactive Green Dots on social media and tag us @middHWE to be entered to win a Green Dot tumbler and t-shirt!

Access a plain text version of the calendar here.

TUESDAY 2/14

WordSlut Talk w/ Amanda Montell

5 pm - 6pm
Axinn 229
Health and Wellness Education, Anderson Freeman Resource Center, Feminist Resource Center

Visiting Author Amanda Montell, speaking about her book WordSlut. From Insults and cursing, gossip, and catcalling, to grammar and pronunciation patterns— this book reveals the ways language has been used for centuries to keep women and other marginalized genders from power.

Free copies of WordSlut and sushi will be provided!

WEDNESDAY 2/15

Consent-Grams and I <3 Consent Photoshoot

12 pm - 3 pm
McCullough, Outside the Grille

The Civil Rights & Title IX Office will continue celebrating love and engaging in conversations about healthy relationships and boundaries with an I Heart Consent photo event. Civil Rights & Title IX staff will be there handing out candy consent grams, available for questions and conversation.

Join for an opportunity to complete the statement: "I heart consent because..."

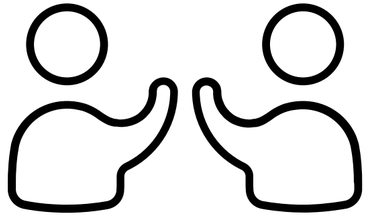
as part of a photo series which will be shared on our social media pages.

THURSDAY 2/16

Honesty & Accountable Communication with JusTalks

4 pm - 5pm
Axinn 220

Struggling with communication? Interested in how our upbringings, social media, or emotions impact how we interact with one another? Come to the JusTalks workshop, where we will be exploring what accountable communication looks like and the barriers that we face when communicating.



FRIDAY 2/17

Be Our Valentine

1 - 3pm
Ground Floor, Ross Dinning Hall
Health & Wellness Education & Residential Life
Come celebrate all kinds of love, romantic, platonic and self love! Interactive activities with peer educators and advocates, fun valentines games, lots of giveaways and free food!

Media Recommendation: Life Kit - Dating, Romance and Connection

On your own time
Anywhere

Check out this podcast guide from NPR's LifeKit full of recommendations on health in all kinds of relationships and relationship stages.